



Behavioral Risk Factor Surveillance
System (BRFSS)

Telephone Health Survey

BRFSS State Coordinators
(AZ, NM, UT)

State BRFSS Information

General U.S. Population

Race/Ethnicity



got public health?



PARTNERSHIPS

Chinle Agency Council

Diné College

Northern Navajo Agency Council

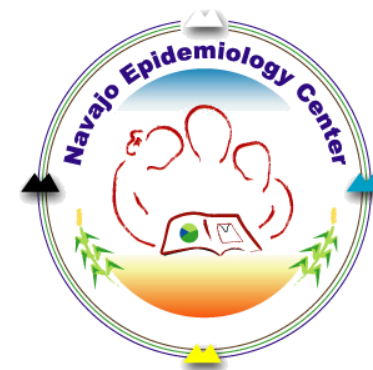
NDOH Programs

NNHS Steering Committee



2014 Navajo Nation Health Survey

*To assess and monitor the
health status of the Navajo
people.*



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Naalniih Naalkaah Disease Surveillance—the 2014 NNHS

NNHRRB Study #NNR-11.348

A unique Navajo-specific health survey measuring the health characteristics among Navajo adults

Identify behavioral risk factors: Chronic Diseases – Behavioral Health – Mental Health – Physical Activity – Nutrition – Cancer – Diabetes – Infectious Diseases

Eligible adult participants

Random selection within a household

Signed Informed Consent to participate

Bilingual Survey Questionnaire

In-person interview

Tribe specific

Timeline

PHASE 1 • May—October 2013

Chinle Agency

PHASE 2 • March—October 2014

Northern and Eastern Agencies

PHASE 3 • January—September 2015

Fort Defiance and Western Agencies

Survey data collected will support collaboration between NDOH and health care partners to effectively serve the health needs of the Navajo people.



Agency Council

Community Buy-in/Support
Navajo Nation wide-approval of survey

Agency Advisory Committee

Community Education
Investigate positive health trends
Community Involvement
Community Health Improvement Councils

NNHS Steering Committee

Work Group Collaboration:
NDOH — Community — Health Partners
Strategic Decision Making



Benefits for Navajo Nation

- Determining health priorities for intervention development
- Determining a research agenda specific to the Navajo Nation's health research questions
- Developing health policies, programs and environmental change strategies
- Monitoring and evaluating health status progress
- Identifying health disparities
- Securing resources and funding to address our health disparities
- Strengthening partnerships on the Navajo Nation health care system